

# Patient Health History

Today's Date \_\_\_\_\_

Patient Title: (check one)  Mr.  Mrs.  Ms.  Miss  Dr.  Prof.  Rev

First Name \_\_\_\_\_ Nick Name \_\_\_\_\_

Last Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Suffix \_\_\_\_\_

Address 1 \_\_\_\_\_

Address 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

Mobile Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Home Email \_\_\_\_\_

Work Email \_\_\_\_\_

Contact Method (check one)

Primary phone  Secondary phone  Mobile phone  Work phone  Home email  Work email

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender (check one)  Male  Female  Unspecified

**Marital Status** (check one)  Single  Married  Other SSN \_\_\_\_\_

**Employment Status** (check one)

Employed  FT Student  PT Student  Other  Retired  Self Employed

**Race** (check one)

White  Black/African American  American Indian/Alaskan Native

Asian  Native Hawaiian or other Pacific Island  Other \_\_\_\_\_  I choose not to specify

**Multi-Racial** (check one)  Yes  No  Unknown

**Ethnicity** (check one)  Hispanic or Latino  Not Hispanic or Latino  I choose not to specify

**Preferred Language** \_\_\_\_\_

**Verification Question** (choose only one question, then give the answer to the question)

- |   |  |
|---|--|
| <input type="checkbox"/> What is the name of your favorite pet? | <input type="checkbox"/> In what city were you born?     |
| <input type="checkbox"/> What high school did you attend?       | <input type="checkbox"/> What is your favorite movie?    |
| <input type="checkbox"/> What is your favorite color?           | <input type="checkbox"/> What street did you grow up on? |
| <input type="checkbox"/> What was the make of your first car?   | <input type="checkbox"/> When is your anniversary?       |

Verification Answer to the Chosen question: \_\_\_\_\_

Do you currently smoke tobacco of any kind?  Yes  Former smoker  Never been a smoker

*If yes, how often do you smoke:*  Current every day smoker  Current sometimes smoker

*If yes, what is your level of interest in quitting smoking?*

No interest  0  1  2  3  4  5  6  7  8  9  10 Very interested

Current medications, including frequency and dosage if known. If there are no current medications, check here:

- 1) \_\_\_\_\_ 5) \_\_\_\_\_
- 2) \_\_\_\_\_ 6) \_\_\_\_\_
- 3) \_\_\_\_\_ 7) \_\_\_\_\_
- 4) \_\_\_\_\_ 8) \_\_\_\_\_

List any known allergies you have had to any medications. If no allergies are known, check here:

- 1) \_\_\_\_\_ 3) \_\_\_\_\_
- 2) \_\_\_\_\_ 4) \_\_\_\_\_

Briefly list your main health problems and reason for visit today:

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Date of accident/first symptom \_\_\_\_\_

Is your condition due to:  Automobile accident  Personal injury  Job injury  Other \_\_\_\_\_

Please circle the number that best describes your pain: No pain 1 2 3 4 5 6 7 8 9 10 Severe Pain

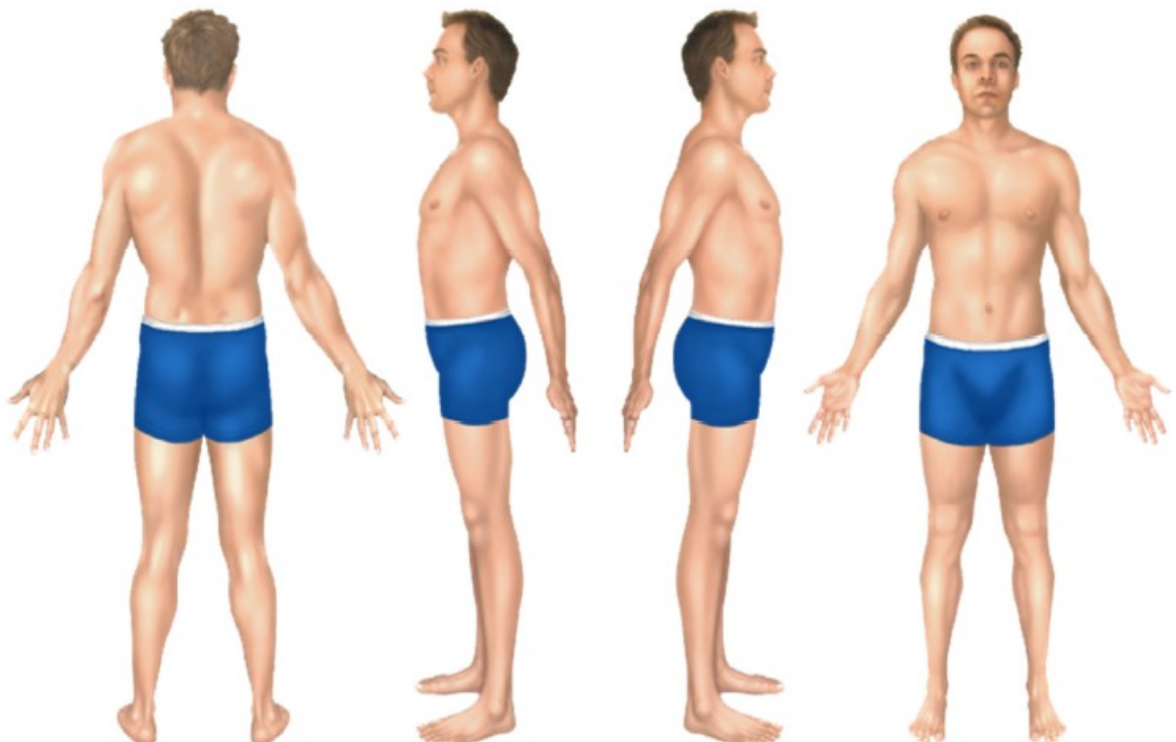
What is the nature of your symptoms? -Dull -Sharp -Throbbing -Burning  
-Deep -Aching -Tingling -Stabbing -Cramping -Numbness -Radiating

What have you done to relieve the symptoms: \_\_\_\_\_

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What makes it worse: \_\_\_\_\_

Location of symptoms:



Have you been in an automobile accident? (date and describe impact)

Have you had previous falls or other injuries? (date and describe)

Have you been previously hospitalized and/or had any surgeries? (date and describe)

Has any doctor diagnosed you with Hypertension/ High Blood Pressure presently?  Yes  No

If yes, describe: \_\_\_\_\_

Has any doctor diagnosed you with Diabetes presently?  Yes  No If yes, what kind?  Type I  Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%?  Yes  No  Not Sure

If yes, other comments regarding Diabetes: \_\_\_\_\_

Height: \_\_\_\_\_ Ft \_\_\_\_\_ In Weight: \_\_\_\_\_ pounds Blood Pressure: \_\_\_\_\_ / \_\_\_\_\_

**Family History: Please indicate Mother, Father, Sister, Brother, Daughter, Son**

_____ No Known Conditions	_____ Cancer	_____ Clotting Disorder
_____ Dementia/ Alzheimer's	_____ Diabetes/ Pre-Diabetes/ Metabolic Syndrome	
_____ Heart Disease	_____ High Cholesterol	_____ Hypertension
_____ Kidney Disease	_____ Lung Disease	_____ Osteoporosis
_____ Stroke/ Brain Attack	_____ Unknown Disease	

Other \_\_\_\_\_

What are your habits?

1. Alcohol	Never	Occasionally	Frequently	Constantly
2. Soda	Never	Occasionally	Frequently	Constantly
3. Coffee	Never	Occasionally	Frequently	Constantly
4. Water Consumption	Never	Occasionally	Frequently	Constantly
5. Exercise	Never	Occasionally	Frequently	Constantly
6. Pain reliever frequency	Never	Occasionally	Frequently	Constantly

How did you hear about our office?

Phone Book  Online  Sign  Other \_\_\_\_\_  
 Referral \_\_\_\_\_

Person responsible for payment:

\_\_\_\_\_

# Acknowledgements

**Chiropractic care:**

I instruct the chiropractor to deliver the care that, in his or her professional judgment, can best help me in the restoration of my health. I also understand that the chiropractic care offered in this practice is based on the best available evidence and designed to reduce or correct vertebral subluxation. Chiropractic is a separate and distinct healing art from medicine and does not proclaim to cure any named disease or entity.

**Privacy Verification:**

I may request a copy of the Privacy Policy and understand it describes how my personal health information is protected and released on my behalf for seeking reimbursement from any involved third parties. grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

**Permission to contact:**

I grant permission to be called to confirm or reschedule an appointment and to be sent occasional cards, letters, emails or health information to me as an extension of my care in this office.

**Payment Verification:**

I acknowledge that any insurance I may have is an agreement between the carrier and me and that I am responsible for the payment of any covered or non-covered services I receive.

**X-ray Verification:**

(females only)

I realize that an X-ray examination may be hazardous to an unborn child and I certify that to the best of my knowledge I am not pregnant or I understand the risks.

Date of last menstrual period:

**General Verification:**

To the best of my ability, the information I have supplied is complete and truthful. I have not misrepresented the presence, severity or cause of my health concern.

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**Patient/Guardian Signature**

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**Date**